



KALLOS  
SPA

## καλλος (*kállos*) in Greek means ‘beauty’ and ‘a beautiful person’

The indigenous concept of KALLOS celebrates the marriage of physical beauty with our soul’s virtues to live wholeheartedly in a joyful energy of health and wellbeing.

At Andronis’ Kallos Spa we approach you as the unique individual that you are, offering you our philosophy of holistic wellbeing so that you rediscover your best self and, most importantly, live in harmony with you!

With the powerful energy of volcanic, sun-drenched Santorini, combined with our culture of ‘xe-nia’ – where we welcome you as our friend – we wish you an unparalleled experience here with us.



# The Three Essences

by Andronis

We source our essences from an organic farm in Crete, where the soul of the plants – the petals, roots and leaves - are distilled into essential oils of high healing vibration that have a tangible effect on your physical body, your state of mind and your spiritual wellbeing.

## ● Energy

**EUCALYPTUS, BASIL, PEPPERMINT**

Ease aching muscles, clear your mind, renew your spirit

## ● Rest & Calm

**ROSEMARY, LAVENDER, LEMONGRASS**

Harmonize your emotions, calm your mood, restore your inner peace

## ● Balance

**ORANGE, GERANIUM, SANDALWOOD**

Find your joy, feed your passion, love yourself



# Kallos Rituals

Experience Kallos wellbeing from top to toe in a delicious sequence of treatments designed to disconnect you from here and transport you to ... who knows where. Our rituals are properly holistic journeys through your senses, using our own Essences by Andronis.

## ENERGY

🕒 2h   🏠 330€   🏡 650€

**Andronis Foot Ritual | Head to Toe Body Scrub | Holistic Full Body Massage| Tea Ritual**

A powerful series of reviving treatments, using our invigorating blend of scents, to cleanse your body and boost your energy system leaving you with an easy sense of freedom and fluidity.

## REST & CALM

🕒 2h   🏠 350€   🏡 680€

**Andronis Foot Ritual | Mediterranean Rosemary Lavender Scrub | Essential Head & Scalp Release  
Be Lifted Face Massage| Back, Neck & Shoulder Massage | Tea Ritual**

A meditative journey through five treatments that transports you into deep relaxation leading you to reconnect with the inner peace that lives within us all. This is your ritual of ultimate rest.

## BALANCE

🕒 2h   🏠 330€   🏡 650€

**Andronis Foot Ritual | Whole Body Massage with passive stretching | Scalp Release |Tea Ritual**

A selection of treatments that focus on muscular release and conscious breath to bring you back to balance, both physically and emotionally. This ritual results in an overall sense of harmony.

# Andronis Signature Treatments

Choose one or create your own combination of our Signature Treatments below, either just for you, or together in our treatment rooms for couples. Let your intuition guide your choice.

## Holistic Full Body Massage

This therapeutic, Swedish massage comes with soft to medium pressure and a free-flowing style intuitively led by your therapist. Choose this treatment to balance your overall wellbeing.

☐ 60min ☐ 165€

☐ 90min ☐ 225€

## Back, Neck & Shoulder Massage

This therapeutic massage focuses on areas of muscle tension in your back, neck, and shoulders to encourage a fluid range of motion in these areas. A healthy spine is key to overall body alignment and the free flow of energy.

☐ 30min ☐ 95€

☐ 45min ☐ 150€

☐ 60min

☐

## Enhance Your Experience with these Add-Ons

### Essential Head & Scalp Release

This relaxing massage for your scalp, head and neck releases tension in these areas.

Soft, gentle, stretching movements and a nurturing blend of oils takes you into a deep meditative state.

🕒 30min. Add On    ⦿ 95€

### Foot Ritual

This ritual is a treat for your feet. We use an energizing scrub to smooth your skin, a Marma point (energy points in the body, according to Indian Ayurveda) to stimulate your circulation and a healing balm to make your feet feel soft and nurtured.

🕒 30min. Add On    ⦿ 75€

### Bathe in Andronis Essences

In the bathing spirit of Greek culture, we invite you to add a bath treatment to your treatment. Choose one of our Signature Andronis Essences to cleanse your body and mind.

🕒 30min. Add On    ⦿ 65€

We invite you to take some extra time at the end of your treatment experience to enjoy some quiet time in our relaxation space. Take the pressure off your spine and swing in our hanging chairs suspended from the ceiling, while you take tea and snacks from our wellness menu.





ESPA

Guided by 30 years of experience in delivering deeply sensorial and personalized treatments, ESPA is chosen as a wellness partner of the most prestigious spas around the world today.

Their leading Aromatherapists and biochemists expertly craft every product and treatment, combining the wisdom from natural and effective therapies with the scientific power of the purest natural ingredients.

Through a holistic approach, nurture and nourish your whole wellbeing, bringing harmony and balance to your mind, body and spirit.

Our ESPA range of products and treatments have been carefully selected to create a memorable spa experience. Your personalized journey of well-being will be formulated to combine the therapeutic benefits of highly professional products, with modern techniques.

Enter a world of exquisite beauty and indulge yourself in the abundance of relaxing, restorative and rejuvenating treatments.

# Modern Alchemy

Exclusive at Kallos Spa

Modern Alchemy fuses ancestral wisdom, harmonizing rituals and revered ingredients with powerful actives and transformative results to create something truly precious. Using inspiration from a combination of harmonizing global traditions connected by the phases of the moon, ESPA's Modern Alchemy treatments are designed to create a deeply sensorial experience which restores the delicate balance between mind, body and spirit.



# The Modern Alchemy Harmonising Ritual

🕒 90min.   🕒 295€   🕒 550€

## **PATH | MOON | PEACE**

Influenced by the power and symbolism of the full moon, this deeply meditative journey is defined by the fluid circularity of its massage movements.

Beginning with a foot bathing ceremony, feet are gently cleansed with the Grounding Crystals with Rose petals, nourishing your skin and preparing you for your experience.

Using the curvature of the Kansa wand - a time-honoured Indian tool believed to calm the nervous system - cycles of infinity flow over the body creating a hypnotic rhythm that brings peace to your mind, freeing you from thoughts and feelings that no longer serve you.

The treatment concludes with a purifying clearing scent to signify the end of treatment, slowly bringing your awareness back to your surroundings, leaving you feeling blissfully relaxed and liberated.

# The Modern Alchemy Empowering Ritual

⌚90min. ⌚295€ ⌚550€

## **PATH | MOON | POWER**

This invigorating journey is influenced by the symbolism of the new moon, a lunar phase representing an awakening of the spirit that invites us to plant new desires and intentions.

Beginning with a foot bathing ceremony, feet are gently cleansed with the Grounding Crystals with Rose petals, nourishing your skin and preparing you for your experience.

The Anointing Oil smooths and nourishes the skin, while swift massage movements flow from your left side to your right, balancing your energy centres.

The long linear strokes and firm pressure work on the base of the muscle tissue to release tension with an intensity that's enhanced by Green Jade rollers - a crystal venerated for centuries for its empowering properties.

The treatment concludes with a purifying clearing scent to signify the end of treatment, slowly bringing your awareness back to your surroundings, leaving you feeling blissfully relaxed and liberated.



# ESPA Sleep Ritual

## Exclusive at Kallos Spa

At Andronis Concept Wellness resort, nestled in serene surroundings, we offer the Sleep ritual, tailored to meet the essential need for quality sleep.

The definitive answer to a truly blissful night's sleep. Quieten your mind and release physical tension and emotional anxieties with this tailor-made experience.

Returning mind and body to a perfect balance, guided breathing and visualisation combine with deeply therapeutic massage to help clear the mind and enable you to completely switch off, ensuring an uninterrupted and blissful night's sleep.

**BREATHING AND VISUALIZATION TECHNIQUES | FULL BODY MASSAGE WITH HOT STONES  
THERAPEUTIC SCALP MASSAGE**

🕒 90min. ○ 285€



## ESPA Facial Treatments

Reveal skin that glows each day with natural health and beauty.

By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalized, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting - skin looks clear, radiant and inner calm is blissfully restored.

# ESPA Inner Beauty Facial

⌚ 60min.   Ⓞ 180€

**SKIN ANALYSIS WITH SKIN VISION™ LAMP | TRIPLE CLEANSE | EXFOLIATION  
FACIAL MASSAGE | PERSONALISED MASK | SCALP MASSAGE**

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

# ESPA Intense Regenerating Facial

featuring NuFace Device

⌚ 90min.   Ⓞ 265€

**SKIN ANALYSIS WITH SKIN VISION™ LAMP | TRIPLE CLEANSE | EXFOLIATION  
AGE-DEFYING FACIAL MASSAGE | MASK | NUFACE | SCALP MASSAGE**

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Use of NuFace technology microcurrents to lift and firm the skin. The perfect non-invasive treatment for immediately visible results.

## ESPA Express Facial

⌚ 30min. ○ 95€

### **DOUBLE CLEANSE | EXFOLIATION | PERSONALISED MASK | SCALP MASSAGE**

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

## ESPA Eye Lift

with Cyroglobes

⌚ 30min. ○ 85€

### **CLEANSE | EXFOLIATION TO FACE AND EYE CONTOUR | EYE CONTOUR MASSAGE | FIRMING EYE MASK**

Smooth, firm and hydrate with this instantly revitalising eye treatment. Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.

# ESPA Massage

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed, and you emerge energized with renewed focus and lasting positivity.



## ESPA Inner Calm Massage

⌚ 60min   ○ 175€ |   ⌚ 90min.   ○ 250€

**BREATHWORK | FULL BODY AROMATHERAPY MASSAGE | SCALP MASSAGE WITH ROSE QUARTZ CRYSTALS**

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalized to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energize, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced and inner calm beautifully restored.

## ESPA Hot Stone Massage

⌚ 60min.   ○ 185€ |   ⌚ 90 min.   ○ 265€

**FULL BODY AROMATHERAPY MASSAGE WITH HOT STONES | SCALP MASSAGE**

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

## ESPA Deep Muscle Massage

⌚ 60min.   ⌚ 175€ |   ⌚ 90min.   ⌚ 250€

**TARGETED MASSAGE, WITH OR WITHOUT HOT STONES, FOCUSING ON AREAS OF CONCERN | SCALP MASSAGE**

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialized massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energized.

## ESPA Muscle Reviver

⌚ 45min.   ⌚ 150€

**BACK MASSAGE | FACIAL MASSAGE | SCALP MASSAGE**

Relax and revive body and mind with this multi-targeted massage. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, face and scalp. Using personally selected essential oils, persistent tension in the back is eased, skin looks re-energized, and a positive mindset is restored.

# ESPA Body Treatments

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed, and you emerge energized with renewed focus and lasting positivity.



## ESPA Pre Natal Relax & Restore

⌚ 60min ⌚ 175€ | ⌚ 90min. ⌚ 250€

**BACK EXFOLIATION (IF REQUIRED) | FOCUSED BODY MASSAGE | SCALP MASSAGE**

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

## ESPA Body Wrap

⌚ 60min ⌚ 165€

**SKIN BRUSH | BODY EXFOLIATION | ALGAE OR MUD WRAP | SCALP MASSAGE**

Purify your body or deeply replenish your skin with this personalized body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

## ESPA Salt & Oil Scrub

⌚ 30min. ⌚ 95€

**SKIN BRUSH | SALT & OIL FULL BODY EXFOLIATION**

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

# ESPA for men

Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.



## ESPA Deep Cleansing Facial

⌚ 60min ⌚ 180€

**SKIN ANALYSIS WITH SKIN VISION™ LAMP | TRIPLE CLEANSE – EXFOLIATION  
FACIAL MASSAGE | PERSONALIZED MASK | SCALP MASSAGE**

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your exact needs, Tri-Active™ formulas work immediately to purify and reawaken your skin while aromatherapeutic oils relax your mind. Skin looks clear, smooth, energised, while inner calm is restored.

## ESPA Deep Muscle Massage

⌚ 60min. ⌚ 175€ | ⌚ 90min ⌚ 250€

**TARGETED MASSAGE, WITH OR WITHOUT HOT STONES, FOCUSING ON AREAS OF CONCERN  
SCALP MASSAGE**

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialized massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energized.

## ESPA Strength & Resilience Massage

⌚ 90min. ⌚ 250€

**YOGIC STRETCHING | REFLEX ZONE FOOT MASSAGE | BACK MASSAGE  
SINUS RELEASE | SCALP MASSAGE**

Transform mind & body, release muscular tension and rediscover a sense of wellbeing with this resilience boosting massage. Inspired by the arduous migration of the painted lady butterfly, this revitalising massage uses aromatherapeutic oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys.





**F E D U A**

## Beautiful Hands & Feet

Fedua is the leading nail varnish of a new generation, combining the ethics of an environmentally friendly formula with the vibrant colors of Milan fashion.

Several years of research have led to a technological innovation that allows for a significant reduction in chemical substances, without compromising quality: the durability, gloss and shine of the colors are as exceptional as ever. Packed in a nail box!

The exclusive FEDUA formula - up to 90% of which is of natural origin based maintains the vitality of nails by respecting their natural regenerative cycle thanks to the vegan formula studied for the nail varnishes.

## MANICURE

Our Signature manicure is a ritual of care and beauty for your hands and nails. It is a beauty treatment for the hands, including filing, shaping, and polishing the nails, as well as softening the skin and treating the cuticles.

A caring hand massage is closing this special treat for your hands!

⌚ 45min.   ○ 88€

## PEDICURE

Our Signature pedicure is a ritual of care and replenishment for your feet. It is a beauty treatment for the feet, including filing and shaping the nails, as well as softening the skin on your heels and your sole. An invigorating feet massage is closing this special treat for your feet and lower legs area!

⌚ 45min.   ○ 88€

## COMPLETE CARE FOR HANDS AND FEET

This express Mani- and Pedicure is the perfect holiday care to be sure that you will feel good! Hands and feet are treated for shaping the nails, the cuticles and your feet receive a warming foot bath, including exfoliation and a massage.

Choose your preferred nail polish as an extra.

⌚ 60min.   ○ 125€

## SPA MANICURE

Give your hands a well-deserved luxury. The nails are shaped, and your cuticles are treated, whilst your hands are gently exfoliated up to the elbow. Followed by a cocooning Jelly Golden protocol, enriched by unique ingredients such as white truffle and saffron, that will turn a beauty service into an unforgettable experience. During this treat enjoy a relaxing shoulder massage. The finishing touch is a polish for your nails, and if desired a nail polish of choice as an extra.

⌚ 60min.   ○ 125€

## SPA PEDICURE

Give your feet a well-deserved luxury. The nails are shaped, and your cuticles are treated, whilst your feet are gently exfoliated up to the knee. Followed by a cocooning Jelly Golden protocol, enriched by unique ingredients such as white truffle and saffron, that will turn a beauty service into an unforgettable experience. During this treat enjoy a relaxing shoulder massage. The finishing touch is a polish for your nails, and if desired a nail polish of choice as an extra.

🕒 60min.   ⌚ 125€

## GENTLEMEN MANICURE

The gentleman's manicure is designed to shape the nails, care for cuticles and soothe the skin with an indulgent massage tailored to male skin. The treatment is completed with a nail buff & shine for a natural finish.

🕒 30min.   ⌚ 66€

## GENTLEMEN PEDICURE

Packed with botanical ingredients this essential pedicure is a must-have treatment to keep your feet soft and hydrated. Includes soak, scrub, cuticle care and massage followed with a nail buff to keep feet in tip-top condition, with a natural nail finish.

🕒 45min.   ⌚ 88€

## NAIL POLISH APPLICATION

🕒 15min.   ⌚ 15€

## SEMI-PERMANENT NAIL POLISH APPLICATION

🕒 30min.   ⌚ 45€

## SEMI-PERMANENT NAIL POLISH REMOVAL

🕒 30min.   ⌚ 35€



# Kallos Spa Facilities

Reception with Welcome Area\*

Four treatment rooms – in Santorini cave style

Relaxation area with hanging loungers

Beauty studio for Manicure and Pedicure

Sauna\*

Steam bath\*

Female and Male changing areas\*

Gym\*

Outdoor Yoga studio overlooking the Santorini Caldera

Spa outdoor area at the pool\*

Relaxing lounges

***The access to the facilities\* is complimentary for hotel guests.***

Complimentary use of facilities\* for external guests with a 60-minute treatment booking.

Pre-Payment required.

Use of facilities only 85 EUR

***spareception@andronisconcept.com***

***+30 2286 036738***

# How to Spa

## HOURS OF TREATMENT

Kallos Spa Treatments: Monday – Sunday, 10AM – 7PM

## HOURS OF HYDROTHERAPY AND WET AREAS

Kallos Spa Pools and Wet Areas, including change rooms:

Monday – Sunday, 10AM – 7PM

## HOURS OF WELLNESS

Kallos yoga studio, and wellness sessions available: Monday – Sunday at scheduled times.

Please see our Wellness Activity Menu for individual offerings, private sessions, and group participation activities.

## HOURS OF FITNESS CENTRE

Kallos Fitness Centre is open: Monday – Sunday 8AM – 7PM. If you wish to use the facilities out-side of these hours, please contact the hotel front desk.

**PRE-ARRIVAL INFORMATION** Enhance your wellness experience by arriving at least 15 minutes before your scheduled appointment. This will allow us to properly welcome you and ensure you've chosen the treatments best suited for you. You are welcome to use our Sauna and Steam bath prior treatment, which is the perfect start to wind down and get your skin and muscles ready. Please respect our therapists and our other guests by keeping your appointments or following our cancellation policy. In consideration of other guests, we cannot extend service times for those arriving late. Late arrivals will be subject to a time reduction from the scheduled treatment or a rescheduling of your services.

## CANCELLATION POLICY

If you cannot make your appointment or need to re-schedule, we require a minimum of eight (8) hours advanced notice, subject to space availability.

**SPA ENVIRONMENT** We strive to provide you with the most relaxing and tranquil environment, so we respectfully request that you use your cell phone and other communication devices in silent mode within the spa premises. Your cooperation is greatly appreciated.

**SPA ATTIRE** We provide a robe and slippers, amenities, and, depending upon your treatment selection, you are welcome to wear undergarments during treatment. Disposable spa underwear is offered. We practice the utmost discretion and professionalism during your treatment.

### **AGE LIMITATION**

Kallos welcomes guests aged 16 years and older to enjoy our facilities and Spa treatments. Parents and guardians are welcome to invite those over the age of 6 and under 16 to join them to share in a Spa experience in one of our “rooms for two”.

**SPA CONSIDERATIONS** In accordance with International Spa Industry Standards, certain medical conditions may prohibit use of some of the Kallos Spa facilities and your ability to experience some Kallos Spa services. At the time of booking please notify the spa if you have any medical conditions so that we may best serve you.

### **\*IN VILLA TREATMENTS**

Certain treatments are available in Villas, upon minimum 24 h upfront booking and will be a 50 % surcharge on the treatment price. Maximum of two people can be accommodated. We allow in-villa treatments where we can guarantee the service quality.

We retain the right to adapt the services to our convenience without previous notice.

Please contact the Spa reception for any further assistance  
**spareception@andronisconcept.com** or call us from your room with the extension 300.

Sincerely,  
**Kallos Spa team**



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