



aura

*Aura is derived from the Greek word “avros” (αύρος),
which means “wind” or “breeze”*

Aura Spa is dedicated to crafting an intimate haven for you, meticulously arranging details for a divine and private atmosphere.

At Andronis' AURA Spa we approach you as the unique individual that you are, offering you our philosophy of holistic wellbeing so that you rediscover your best self and, like the “wind” will give you a transformative experience.

Proudly using only high-quality, luxurious products from ESPA, Aura Spa aims to provide a romantic escape for couples, and for every single person, deepening their connection in a tranquil environment.

Stepping into Aura Spa means entering an oasis where personalized treatments seamlessly merge with luxurious products and services.

At Andronis' our culture of hospitality is called 'xenia'
where we welcome you as our friend!

We wish you an unparalleled experience here with us.



The Three Essences

by **Andronis**

We source our essences from an organic farm in Crete, where the soul of the plants – the petals, roots and leaves - are distilled into essential oils of high healing vibration that have a tangible effect on your physical body, your state of mind and your spiritual wellbeing.

● Energy

EUCALYPTUS, BASIL, PEPPERMINT

Ease aching muscles, clear your mind, renew your spirit

● Rest & Calm

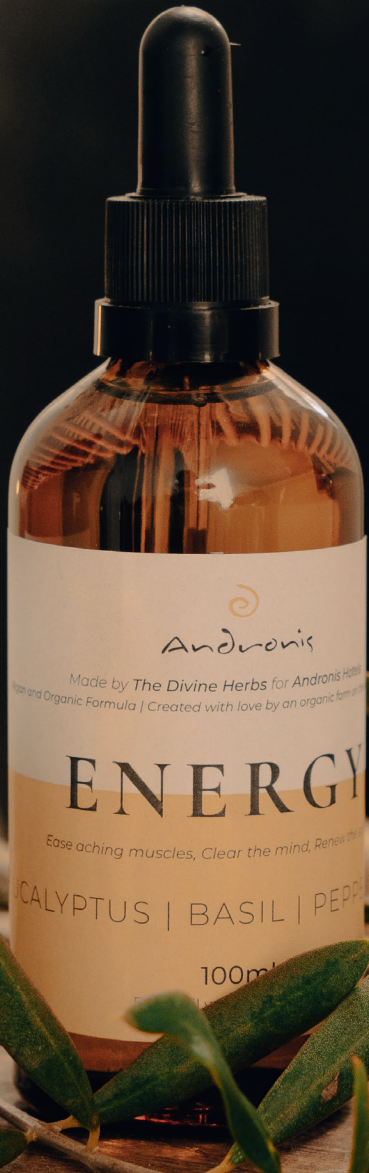
ROSEMARY, LAVENDER, LEMONGRASS

Harmonize your emotions, calm your mood, restore your inner peace

● Balance

ORANGE, GERANIUM, SANDALWOOD

Find your joy, feed your passion, love yourself



Aura Rituals

Experience Aura wellbeing from top to toe in a delicious sequence of treatments designed to disconnect you from here and transport you to ... who knows where. Our rituals are properly holistic journeys through your senses, using our own Essences by Andronis.

ENERGY

⌚ 2h ○ 330€ ⊕ 650€

Andronis Foot Ritual | Head to Toe Body Scrub | Holistic Full Body Massage| Tea Ritual

A powerful series of reviving treatments, using our invigorating blend of scents, to cleanse your body and boost your energy system leaving you with an easy sense of freedom and fluidity.

REST & CALM

⌚ 2h ○ 350€ ⊕ 680€

**Andronis Foot Ritual | Mediterranean Rosemary Lavender Scrub | Essential Head & Scalp Release
Be Lifted Face Massage| Back, Neck & Shoulder Massage | Tea Ritual**

A meditative journey through five treatments that transports you into deep relaxation leading you to reconnect with the inner peace that lives within us all. This is your ritual of ultimate rest.

BALANCE

⌚ 2h ○ 330€ ⊕ 650€

Andronis Foot Ritual | Whole Body Massage with passive stretching | Scalp Release |Tea Ritual

A selection of treatments that focus on muscular release and conscious breath to bring you back to balance, both physically and emotionally. This ritual results in an overall sense of harmony.

Andronis Signature Treatments

Choose one or create your own combination of our Signature Treatments below, either just for you, or together in our treatment rooms for couples. Let your intuition guide your choice.

Holistic Full Body Massage

This therapeutic, Swedish massage comes with soft to medium pressure and a free-flowing style intuitively led by your therapist. Choose this treatment to balance your overall wellbeing.

⌚ 60min. ○ 165€

⌚ 90min. ○ 225€

Back, Neck & Shoulder Massage

This therapeutic massage focuses on areas of muscle tension in your back, neck, and shoulders to encourage a fluid range of motion in these areas. A healthy spine is key to overall body alignment and the free flow of energy.

⌚ 30min. ○ 95€

⌚ 45min. ○ 150€

Enhance Your Experience

with these Add-Ons

Essential Head & Scalp Release

This relaxing massage for your scalp, head and neck releases tension in these areas. Soft, gentle, stretching movements and a nurturing blend of oils takes you into a deep meditative state.

🕒 30min. Add On Ⓞ 95€

Foot Ritual

This ritual is a treat for your feet. We use an energizing scrub to smooth your skin, a Marma point (energy points in the body, according to Indian Ayurveda) to stimulate your circulation and a healing balm to make your feet feel soft and nurtured.

🕒 30min. Add On Ⓞ 75€





ESPA

Guided by 30 years of experience in delivering deeply sensorial and personalized treatments, ESPA is chosen as a wellness partner of the most prestigious spas around the world today.

Their leading Aromatherapists and biochemists expertly craft every product and treatment, combining the wisdom from natural and effective therapies with the scientific power of the purest natural ingredients.

Through a holistic approach, nurture and nourish your whole wellbeing, bringing harmony and balance to your mind, body and spirit.

Our ESPA range of products and treatments have been carefully selected to create a memorable spa experience. Your personalized journey of well-being will be formulated to combine the therapeutic benefits of highly professional products, with modern techniques.

Enter a world of exquisite beauty and indulge yourself in the abundance of relaxing, restorative and rejuvenating treatments.



ESPA Facial Treatments

Reveal skin that glows each day with natural health and beauty.

By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalized, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting - skin looks clear, radiant and inner calm is blissfully restored.

ESPA Express Facial

⌚ 30min. ○ 95€

DOUBLE CLEANSE | EXFOLIATION | PERSONALIZED MASK | SCALP MASSAGE

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

ESPA Eye Lift

with Cyroglobes

⌚ 30min. ○ 85€

CLEANSE | EXFOLIATION TO FACE AND EYE CONTOUR | EYE CONTOUR MASSAGE | FIRMING EYE MASK

Smooth, firm and hydrate with this instantly revitalising eye treatment. Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.



ESPA

ESPA Massage

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed, and you emerge energized with renewed focus and lasting positivity.

Espa Inner Calm Massage

⌚ 60min ○ 175€ | ⌚ 90min. ○ 250€

BREATHWORK | FULL BODY AROMATHERAPY MASSAGE

SCALP MASSAGE WITH ROSE QUARTZ CRYSTALS

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience.

Personalized to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energize, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation.

Mind and body feel balanced and inner calm beautifully restored.



ESPA

NATURAL BEAUTY
INNER CALM

**DETOXIFYING
SALT SCRUB**

*Purifying body scrub to refine, smooth and clarify.
Un gommage purifiant pour le corps pour affiner,
lisser et purifier la peau.*

ESPA Body Treatments

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed, and you emerge energized with renewed focus and lasting positivity.

Espa Body Wrap

⌚ 60min Ⓞ 165€

SKIN BRUSH | BODY EXFOLIATION | ALGAE OR MUD WRAP | SCALP MASSAGE

Purify your body or deeply replenish your skin with this personalized body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

Espa Salt & Oil Scrub

⌚ 30min. Ⓞ 95€

SKIN BRUSH | SALT & OIL FULL BODY EXFOLIATION

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

Aura Spa Facilities

Reception with Welcome Area*

Two treatment rooms, one single, one double with private showers and changing area

Steam bath with Bisazza mosaic and private shower*

Tepidarium with two heated benches*

Foot bath area*

Outdoor gym*

The access of the facilities* is complimentary for hotel guests.

Complimentary use of facilities* for external guests with a 60-minute treatment booking.

Pre-Payment required.

Use of facilities only 45€

spareception@andronismois.com

+30 2284 022 435

How to Spa

HOURS OF TREATMENT

Aura Spa Treatments: available Monday – Sunday, 11:00 – 19:00

PRE-ARRIVAL INFORMATION

Enhance your wellness experience by arriving at least 15 minutes before your scheduled appointment. This will allow us to properly welcome you and ensure you've chosen the treatments best suited for you. You are welcome to use the Tepidarium and Steam bath prior treatment, which is the perfect start to wind down and prepare your skin and muscles. Please inform us before if you want to do so, and calculate some extra time.

Please respect our therapists and our other guests by keeping to your appointments or following our cancellation policy. In consideration of other guests, we cannot extend service times for those arriving late. Late arrivals will be subject to a time reduction from the scheduled treatment or a rescheduling of your services.

CANCELLATION POLICY

If you cannot make your appointment or need to re-schedule, we require a minimum of eight (8) hours advanced notice, subject to space availability. We inform you that 100% of total services will be charged for less notice or no shows.

SPA ENVIRONMENT

We strive to provide you with the most relaxing and tranquil environment, so we respectfully request that you use your cell phone and other communication devices in silent mode within the spa premises. Your cooperation is greatly appreciated.

SPA ATTIRE

We will provide a robe and slippers, amenities, and, depending upon your treatment selection, you are welcome to wear undergarments during treatment. All treatments practice the utmost care of discretion and professionalism.

AGE LIMITATION

Aura welcomes guests aged 16 years and older to enjoy our facilities and Spa treatments. Parents and guardians are welcome to invite those over the age of 6 and under 16 to join them to share in a Spa experience in one of our “rooms for two”.

SPA CONSIDERATIONS

In accordance with International Spa Industry Standards, certain medical conditions may prohibit use of some of the Aura Spa facilities and your ability to experience some Aura Spa services. At the time of booking please notify the spa if you have any medical conditions so that we may best serve you.

We retain the right to adapt the services to our convenience without previous notice.

Please contact the Spa reception for any further assistance
spareception@andronisminois.com or contact our front desk.

Sincerely,
Aura Spa team

Andronis
Minois

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