



MARE SANUS  
SPA





be Destressed



be Rested

be Balanced

Our approach is simple; we embrace you and your entire well-being as highly unique, after all, no two people are the same. By giving our guests a full range of offerings that embrace what we believe are the key pillars of wellness, it is our hope that you will alleviate stress, find peaceful rest, perfect balance, and rediscover your best self!

Join us in celebrating the tangible and powerful energy of Santorini Island. The natural infrared radiation from the islands Hellenic Volcanic Arc creates a perfect combination of restoring Chi with Andronis' well-appointed treatments and warm hospitality.

To remain tranquil and in a healthful state of being, is to ignite Mare Sanus. Hidden within the heart of Santorini's Caldera wall, lies Andronis', Mare Sanus Spa. Our boutique offerings are exclusive to the Andronis brand, featuring The Thoughtful Three. Whether you need to renew your spirit, restore your calm, or promote your inner joy, you can relax and let your senses guide you.

In Greece, hospitality is not just a kindness, it is an unspoken cultural code called Xenia. Xenia preserves the order for showing generosity and courtesy to strangers of any condition. The virtue of creating a warm and welcoming environment between host and guest. Our highly trained spa and wellness team look forward to welcoming you, and sharing with you, what we hope will be an unparalleled experience.

# The Thoughtful Three

by Andronis

Aromacology is a science that studies scents and their powerful effect on one's mind, mood, and well-being. Andronis' thoughtful three allows you to select which wellness pillar and its accompanied scent best suits your mood.

## **BE DESTRESSED – EUCALYPTUS, BASIL, PEPPERMINT**

help ease aching muscles - clear the mind - energize and renew the spirit

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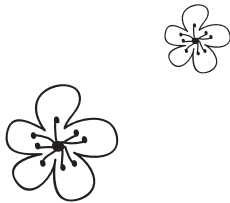
## **BE RESTED – ROSEMARY, LAVENDER, LEMONGRASS**

relax your emotions - harmonize and calm the mind - restore your inner calm

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## **BE BALANCED – BERGAMOT, GERANIUM, YLANG YLANG**

promote inner joy and passion for life - leave a renewed love for self and soul



Choose one, or create your own combination of services below and allow the art of the senses to intuitively guide your mind and body to greater relaxation and energy balance

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### **HOLISTIC FULL BODY MASSAGE**

🕒 30, 60 or 90 min.

*Each 30-minute segment 60€*

*Add Deep Tissue Restore to any Holistic Massage 40€*

### **BE LIFTED, FACIAL MASSAGE**

🕒 30 or 60min.

*Each 30-minute segment 60€*

### **THE ESSENTIAL HEAD & SCALP RELEASE**

🕒 30 or 60min.

*Each 30-minute segment 60€*

### **FOOT RESCUE**

🕒 30 or 60min.

*Each 30-minute segment 45€*

### **HEAD TO TOE SCRUB**

🕒 30 or 60min.

*Each 30-minute segment 45€*

### **THE COMPLETE COCOON**

🕒 30 or 60min.

*Each 30-minute segment 45€*



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*\*30 minute segments for foot rescue, scrub and cocoon are Add-On only.*

# How to Spa

## **HOURS OF TREATMENT**

Andronis Spa treatments are available: Monday – Sunday 11AM – 7PM

**FITNESS AND YOGA IS AVAILABLE AT OUR EVEXIA SPA, LOCATED AT ANDRONIS ARCADIA IN OIA, please ask front desk for details.**

## **HOURS OF WELLNESS AT EVEXIA SPA**

Andronis Yoga studios, and wellness sessions are available Monday – Sunday at scheduled times. Please see our Wellness Menu for individual offerings, private sessions, and group participation activities. This includes our self-guided journeys.

## **PRE-ARRIVAL INFORMATION**

Enhance your wellness experience by arriving 15 minutes before your scheduled appointment in order to talk to one of our spa specialists about your bespoke experience at Mare Sanus. This will ensure you've chosen the treatments best suited for you.

Please respect our therapists and our other guests by keeping your appointments or following our cancellation policy. In consideration of other guests, we cannot extend service times for those arriving late. Late arrivals will be subject to a time reduction from the scheduled treatment or a rescheduling of your services.

## **CANCELLATION POLICY**

If you cannot make your appointment or need to re-schedule, we require a minimum of eight (8) hours advance notice, subject to space availability. We regret that 100% charge of total services will be charged if notice is not given. Unfortunately, no shows will also result in a full charge of your service.

## **SPA ENVIRONMENT**

We strive to provide you with the most relaxing and tranquil environment, so we respectfully request that you refrain from using your cell phones and other communication devices within the spa premises. Your cooperation in providing a quiet environment is greatly appreciated.

## **SPA ATTIRE**

We encourage our guests from Luxury Suites, Andronis Boutique and Alta Mara to “come as you are”, however, we will provide a robe and slippers, and, depending upon your treatment selection, you are welcome to wear undergarments during treatment. All treatments practice the utmost care of discretion and professionalism.

## **AGE LIMITATION**

Mare Sanus welcomes guests aged 16 years and older to enjoy Spa treatments.

Should you wish to share a Spa experience with your children, please visit us at the Evexia Spa, located at Andronis Arcadia in Oia. Parents and guardians are welcome to invite those over the age of 6 and under 16 to join them to share in a Spa experience in one of our “rooms for two”.

## **SPA CONSIDERATIONS**

In accordance with International Spa Industry Standards, certain medical conditions may prohibit use of some of the Andronis Spa facilities and your ability to experience some Andronis Spa services. At the time of booking please notify the spa if you have any medical conditions so that we may best serve you.



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