



#### SPA OPERATING HOURS

The Mare Sanus Spa operates daily from 10:00a.m. to 09:00p.m.

#### COMMUNICATION IS KEY

Feel free to discuss with your therapist any areas you would like her to focus on, or to be avoided. We invite you to let the therapist know if you feel any discomfort during your Treatment.

#### RESERVATION POLICY

For your convenience, please book treatments at least one day before in order to check the availability. If you wish to make any changes to your booking, please notify us 24 hours earlier. No show will result in a full charge.

#### ARRIVAL INFORMATION

Please arrive on time keeping in mind that arriving late for your appointment may require us to shorten the length of the treatment, so as not to inconvenience other guests, with full charges applied. For your comfort, you are kindly requested to have a shower prior to your appointment, we will supply you with towels for your use, bathrobes as well as an under garment.

#### SPA ENVIRONMENT

Please respect the tranquility of the spa. Upon entering, please deactivate your mobile phone.

*\*Kindly note that in the price of treatments VAT is included TIP not included*

SPA  
MARE

60min - 180€ | 90min - 220€

60min - 220€

30min - 60€

90min - 200€

60min - 140€

30min - 80€ | 60min - 140€

60min - 180€

60min - 140€

120min - 220€

60min - 120€ | 90min - 160€

50min - 100€

#### Private Yoga Session (upon request)

60min - 110€ per person

Yoga is an ancient art of self-development, used for thousands of years for physical health, mental well-being and spiritual fulfilment. Practice includes asanas (postures), breath awareness and breath practices so as to build good health and harmonious functioning of the whole being.

The meaning of the word yoga is to 'join' the body unites with the breath to develop tranquility of mind and spirit, creating a unified and integrated person.

Each treatment or class will be tailored according to the needs of the receiver and will be carried at your patio.

#### ANDRONIS SIGNATURE EXPERIENCE

Locally sourced Santorini Grape and Honey compliments ilā's natural ingredients to bring you our Andronis Signature Treatments.

Grapes are anti-oxidant and help to regulate blood flow. Honey is antibacterial, gives the complexion a boost, it is naturally healing and creates a wonderful glow.

We created Andronis Signature Treatment to give you a complete and deep experience of connection with the beautiful island of Santorini and the treasure that this land offer us, natural and organic oils like germanium, grape oil, honey and thyme.