

EUROPE

The 26 best spas in the UK and Europe

A Cornish clifftop hideaway, an Alpine castle and wine cures in France – these are the most revitalising breaks

Susan d'Arcy | Friday September 03 2021, 5.00pm, The Times

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Andronis Concept Wellness Resort, Santorini

13. Andronis Concept Wellness Resort, Santorini

This resort is set on one of the Greek island's highest points, and the views alone are a form of therapy. No surprise that highly strung Hollywood film stars holiday at this super-exclusive hideaway. It also helps that the spa has recently introduced a brow-smoother that's better than Botox: CBD. The legal cannabis extract features in treatments to help to alleviate inflammation, muscle tension and anxiety. Less controversially, the fitness team calls Santorini's extraordinary landscapes into service for mindful walks, fat-busting jogs and alfresco yoga. Your tresses can also nab a starring role; the spa's doctor can analyse a lock of hair to provide a wellbeing profile. Alternatively, opt for a glossy updo at the new blow-dry bar.

Details B&B doubles from £315 ([andronis.com](https://www.andronis.com)). Fly to Santorini